



Healthy Canada by Design CLASP Initiative

Dalla Lana School of Public Health

Symposium on Healthy Cities & Communities

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Built environment affects health & well-being by influencing:

- ❑ Modes of transportation & VKT
- ❑ Levels of physical activity – utilitarian & recreational
- ❑ Emissions of air pollutants & GHG
- ❑ # of vehicle-related injuries & deaths
- ❑ Access to jobs, services, healthy foods
- ❑ Access to parks, green space & recreational facilities
- ❑ Time & opportunity for social interaction



Physical Activity & the Built Environment



- ❑ Most Canadians get insufficient levels of physical activity
- ❑ Physical inactivity linked to Diabetes, strokes, hypertension & some cancers
- ❑ **Estimates - \$5.3 billion in health-related costs/year for Canada**
- ❑ Studies – Built Environment affects the levels of physical activity:
 - Population density & Mixed land use
 - Connectivity of roads & sidewalks
 - Presence of bike paths & bike lanes
 - Presence of parks, green space, etc.



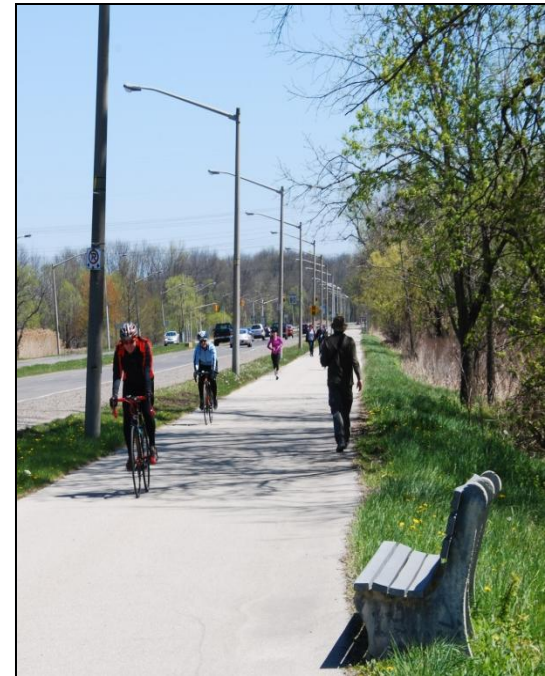
HCBD CLASP Vision Statement

Health officials, planners, engineers and NGOs in communities across Canada collaborate seamlessly to:

- ❑ ensure built environments are designed to promote health and well-being,
- ❑ thus contributing to the reduction of risk factors for chronic diseases (with a particular focus on **physical activity**)



HEALTHY**CANADA**
by design



HCBD CLASP 1 2009-2012



Four National Organizations

- ❖ Heart & Stroke Foundation
- ❖ National Collaborating Centre Healthy Public Policy (NCCHPP)
- ❖ Canadian Institute of Planners
- ❖ Urban Public Health Network



URBAN PUBLIC HEALTH NETWORK
RÉSEAU CANADIEN POUR LA SANTÉ URBAINE



Centre de collaboration nationale
sur les politiques publiques et la santé
National Collaborating Centre
for Healthy Public Policy

Region of Peel
Working for you
Public Health

Six Health Authorities

- ❖ Montreal Public Health
- ❖ Toronto Public Health
- ❖ Peel Public Health
- ❖ Vancouver Coastal Health
- ❖ Fraser Health Authority
- ❖ Vancouver Island Health Authority



Toronto
Public Health



HCBD Partners working locally and/or collaboratively with other partners produced:

- ☐ Healthy Communities Practice Guide for Planners
- ☐ Three 12-page research briefs on:
 - ☐ Active Transportation, Health and Community Design
 - ☐ Active Living, Children & Youth
 - ☐ Health Equity and Community Design
- ☐ On-Line Inventory of Built Environment Reports
- ☐ Residential Preferences Survey in Vancouver & the GTA
- ☐ A Land Use Planning Software Tool in Toronto
- ☐ A Healthy Development Index in Peel Region

HCBD CLASP I - Lessons Learned

- ❖ Health authorities & Planners **can affect change in policies** when they collaborate
- ❖ Collaboration between sectors needed to overcome **barriers** to action on the built environment
- ❖ Need to bring **transportation** professionals into the collaboration
- ❖ Need more **knowledge translation** to accelerated uptake of policies and programs in other jurisdictions



HCBD CLASP Renewal 2012-2014

New National Partner

- ❖ Canadian Institute of Transportation Engineers (CITE)

New Health Authority Partners

- ❖ Newfoundland and Labrador Provincial Wellness Advisory Council/Eastern Health Region
- ❖ Capital District Health, Nova Scotia
- ❖ New Brunswick Health
- ❖ Regina Qu'Appelle Health Region
- ❖ Winnipeg Region Health Authority
- ❖ Ottawa Public Health

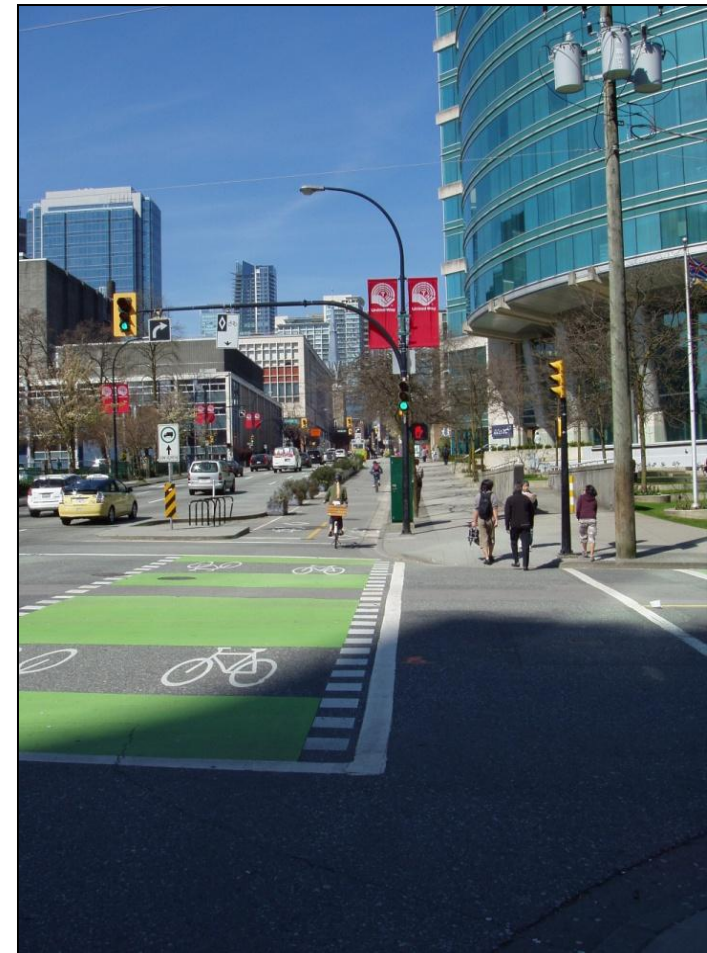


HCBD Objective 1: Broadening Impact



Theme: Broaden Impact

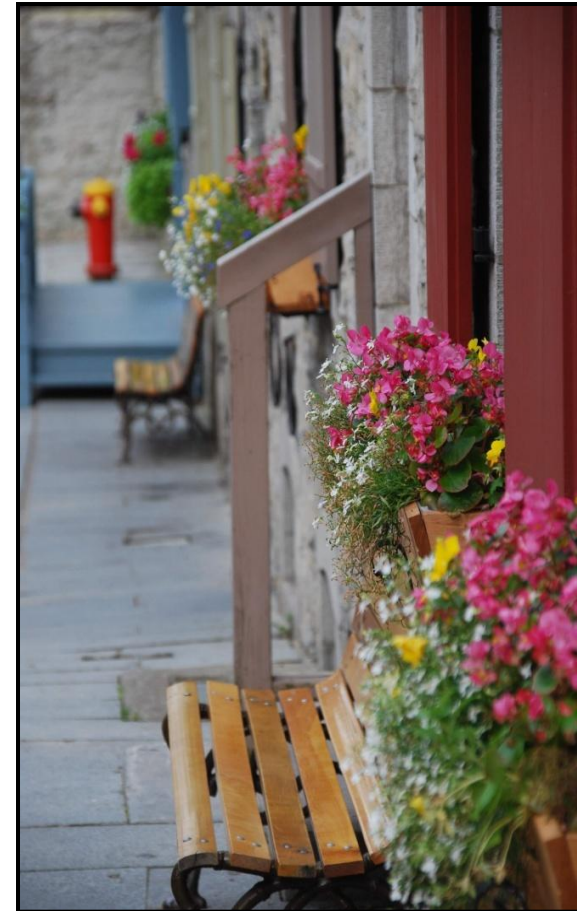
- ❖ Support five new Health Authorities to Foster Active Transportation in their Local Communities
- ❖ Extend healthy community work into rural and remote contexts
- ❖ **Twin Goals:**
 - ❖ Affect policy at a local level in support of active transportation
 - ❖ Build Capacity within Health Authorities



Health Authority Project Teams

Each Project Team is supported by:

- ❖ A Planner who will:
 - ❖ Identify strategic opportunities to influence active transportation & design at a local level
 - ❖ Facilitate relationship-building with Planners and transportation professionals
- ❖ Built Environment Health Expert, Dr. Karen Lee, for local events with local stakeholders
- ❖ Peer to Peer mentoring through KTE events
- ❖ Technical & Strategic support from HCBD staff & Peers
- ❖ Information-sharing through the hub website



HCBD Objective 2: Deepening Impact

Building on Lessons Learned & Addressing Challenges from Phase I

- ❖ Community Engagement re: active transportation – Toronto
- ❖ Innovative Street Design case study – CITE
- ❖ Street Calming project - NCCHPP
- ❖ Identifying the data needed to weave health considerations in transportation planning – BC
- ❖ Developing a health impact assessment tool for transportation planning processes in Montreal



Knowledge Translation & Exchange

- ❑ **CIP** – Establishing a Student Award Program to encourage collaboration between public health & planning students at University
- ❑ **SFU & UofM** – Producing reports on ways of bringing health considerations into transportation planning processes
- ❑ **CITE** – Producing a report on case studies – Innovative Street Design
- ❑ **Case study reports** on all of the six health authority projects



Webinar Series for Broader Sectors

- ❑ Showcase HCBd CLASP II Projects to planners, public health & transportation professionals across the country in 2014
- ❑ Share interventions employed, challenges encountered & lessons learned

Use Social Media to Share

- ❑ Use Blogs, twitter, the hub website, & a newsletter to communicate work with broader network

Report... Google Home - The Globe a... isoHunt The BitTorr... WordPress.com

Healthy Canada by Design CLASP

Coalition Linking Action and Science for Prevention (CLASP)



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Creating Healthy Communities in Newfoundland and Labrador

Posted on September 26, 2013

When the Healthy Canada by Design CLASP Coalition was renewed in 2012, it included five additional health authorities from five additional provinces. Among those five new partners is the Newfoundland and Labrador Provincial Wellness Advisory Council which is supported by the Building Healthy Communities Collaborative in leading the Newfoundland Healthy Canada by Design CLASP project. The Collaborative includes volunteer members from Memorial University, the Eastern Health Regional Health Authority, the Department of Health and Community Services, Municipalities Newfoundland and Labrador, and the planning profession.



Supported by Planning Facilitators funded through the Healthy Canada by Design CLASP Initiative, the Newfoundland Healthy Canada by Design CLASP project was formally launched with the Planning and Public Health: Working Together for Community Wellness workshop that was convened on May 30, 2013. "We expected about 30 participants," offered Mary Bishop, Planning Facilitator for the Newfoundland Healthy Canada by Design CLASP project, "but we ended up with about 70 people from across the province instead".

The workshop included

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